

# Instructions for Authors

## Manuscript Organization

Manuscripts should be organized as follows:

<b>Beginning Section</b>	<p><i>The following elements are required, in order:</i></p> <ul style="list-style-type: none"><li>• <b>Title page:</b> List title, authors, and affiliations as first page of manuscript<ul style="list-style-type: none"><li>○ Title (maximum of 150 characters, with spaces)</li><li>○ authors' names (spelled out as they would be cited),</li><li>○ affiliations and email addresses;</li><li>○ ORCID code numbers (optional).</li></ul></li><li>• <b>Abstract</b> (maximum 200 words; background, objectives, materials and methods, results, discussion, conclusions (optional). Do not include reference citations or undefined abbreviations)</li><li>• <b>Keywords</b> (3 to 5. Do not use words from the title. Ensure all the keywords are in the manuscript body text. Use always the maximum possible number of keywords. Each keyword should not contain more than two words, and each keyword should start with an uppercase letter)</li></ul>
<b>Middle Section</b>	<p><i>The following elements can be renamed as needed (2200 to 3200 words for <b>Chapter</b>; 1200 to 3200 for <b>proceedings articles</b>):</i></p> <ul style="list-style-type: none"><li>• <b>Introduction</b> - The introduction should briefly place the study in a broad context and highlight its importance. It should define the purpose of the work and its significance, including specific hypotheses being tested. The current state of the research field should be reviewed carefully, and key publications cited. Please highlight controversial and diverging hypotheses when necessary. Finally, briefly mention the main aim of the work and highlight the main conclusions. Keep the introduction comprehensible to scientists working outside the topic of the paper</li><li>• <b>Materials and Methods</b> - They should be described with sufficient detail to allow others to replicate and build on published results. New methods and protocols should be described in detail, while well-established methods can be briefly described and appropriately cited. Give the name and version of any software used and make clear whether computer code used is available. Include any pre-registration codes</li><li>• <b>Results</b> - Provide a concise and precise description of the experimental results, their interpretation as well as the experimental conclusions that can be drawn</li><li>• <b>Discussion</b> - Authors should discuss the results and how they can be interpreted from previous studies and the working hypotheses. The findings and their implications should be discussed in the broadest context possible and limitations of the work highlighted. Future research directions may also be mentioned. This section may be combined with Results</li><li>• <b>Conclusions</b> - This section is not mandatory but can be added to the manuscript if the discussion is unusually long or complex.</li></ul>
<b>Ending Section</b>	<p><i>The following elements are required, in order:</i></p> <ul style="list-style-type: none"><li>• <b>Acknowledgments</b> (maximum of 350 characters, with spaces)</li><li>• <b>References</b> (20 to 40, APA 7.0)</li><li>• <b>Biographies:</b> For each author, indicate the current affiliation and highest degree obtained (field, year obtained, institution).</li></ul>
<b>Other Information</b>	<ul style="list-style-type: none"><li>• For <b>chapters</b>, either British or American English can be used. For <b>proceedings articles</b>, Pt or Br Portuguese are also allowed. The language must be consistent in all manuscript.</li><li>• Figures and Tables are inserted immediately after the first paragraph in which the figure is cited.</li><li>• Images and tables are limited to a maximum of 5 per manuscript. For each, figure or table that fulfil until half of a page, it should be reduced 200 words to the defined maximum limit. For larger images or tables, 400 words must be reduced.</li></ul>